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**JANUARY - JUNE 2018**

# women's programme

**SOUTHSIDE PARTNERSHIP AND**

**WOMEN4WOMEN NETWORK**

**FOR DUN LAOGHAIRE-RATHDOWN**

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## WOMEN'S PROGRAMME

**Southside Partnership and women4women network DLR offer a programme each term for women living and working in Dun Laoghaire-Rathdown County.**

**Together we**

- **organise networking events to create opportunities for women to meet, share and learn**
- **offer training, development and capacity building courses**
- **support migrant women in their integration**
- **network, lobby and advocate on local and national level**
- **assist women in taking part in the Women and Leadership Programme**
- **support the domestic abuse outreach service Freeda.**

**This programme will give you information about courses and events available from January to the end of June 2018. It is funded by different funding streams - the European Social Fund, Dublin & Dún Laoghaire Education & Training Board, dlr County Council and Southside Partnership.**

**All women from the catchment area are invited to join the courses and events. In general the programme is free of charge, we only ask for a small contribution for materials for Arts & Crafts courses.**

**Please have a look at our website [www.women4women.ie](http://www.women4women.ie) for more information on our programme, news of the region and a Directory of Services for women in the Dun Laoghaire Rathdown County.**



## INTEGRATION PROGRAMME FOR MIGRANT WOMEN

### FREE ENGLISH LANGUAGE COMMUNICATION AND GRAMMAR CLASSES

Improve your English language and communication skills in 12 weeks.  
You will find a friendly and relaxed learning group with other women.  
Learn more about Irish and other cultures.

#### SAMUEL BECKETT CIVIC CENTRE, BALLYOGAN, DUBLIN 18

**Monday: English Language**

**Time: from 9.30 am -11.00 am**

**From 29<sup>th</sup> January to 12<sup>th</sup> of March, 2018**

**After Easter from 9<sup>th</sup> of April to 25<sup>th</sup> of June, 2018**

#### LEXICON, HAIGH TERRACE, MORAN PARK. DUN LAOGHAIRE.

**Tuesday: English Language**

**Time: from 10.00 am -11.30 am**

**From 30<sup>th</sup> of January to 13<sup>th</sup> of March, 2018**

**After Easter: from 10 of April to 26<sup>th</sup> of June 2018**

#### ROSEMOUNT FRC, WALDEMAR TERRACE. DUNDRUM. D14

**It is planned to run with the following English Grammar classes but they need to be confirmed by ETB!**

**Wednesday: 2 English Grammar classes**

**Time: from 9.30am - 11.00am and from 11.30am - 1pm**

**From 31<sup>st</sup> January to 21<sup>th</sup> of March,2018**

**After Easter: on 11<sup>th</sup> April to 27<sup>th</sup> June 2018**

**(subject to funding from the ETB)**

***Please contact Marese to register your name on 01 - 4421004***





## ADDITIONAL COURSES FOR ADULTS AND CHILDREN AT FURRY HILL COMMUNITY CENTRE

### MONDAY MORNINGS DROP-IN AND CRAFTS CAFE

**MONDAY:** from 10am - 12pm

From 29th January to 12th of March, 2018 (7 weeks)

After Easter from 9th of April to 25th of June, 2018 (11 weeks)

*This drop-in café is also open to ALL residents of the Furry Hill Estate.*



### MACHINE SEWING COURSE

**TUESDAY:** from 10.00am - 12.00pm

From 30th of January to 13th of March, 2018 (7 weeks)

After Easter from 10th of April to 26th of June 2018 (11 weeks)

Course fees: €15 upfront payment and a weekly instalment €3

This is to cover the cost of materials.



### JEWELLERY MAKING COURSE

**WEDNESDAY:** from 10.00am - 12.00pm

From 31st of January to 14th of March, 2018 (7 weeks)

In planning after Easter: from 11th of April to 27th of June, 2018

Course fees: €15 upfront payment & weekly instalment of €5 for material



### HEALTHY FOOD MADE EASY

**THURSDAY:** from 9.45am -12.00pm

From 1st of February to 8th of March, 2018 (6 weeks)

This free course is supported by HSE.



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**BUILDING CAPACITY**



Southside Partnership Women's Programme is offering a series of part time courses to women who are interested in developing new skills and increasing their confidence. It is *FREE* and for women who are *NOT* in employment and *NOT* in receipt of Job Seekers Allowance or Benefit.  
Please contact Marilyn Nyquist on 087 219 8183 to register and for info.

**REPOWER Explore - Information of What's on Offer**

**TUESDAY: 10am - 12pm on 23rd January 2018**

**Where: Mounttown Community Facility, Fitzgerald Park, Monkstown**

**JOB SEEKING SKILLS WORKSHOP 1 WEEK- 5 MODULES**

**From Thursday 1st to 9th February, 2018 (7 mornings )**

**Time: from 9.30am - 12.30pm**

**Where: Samuel Beckett Civic Centre, Ballyogan D18 (near LUAS)**

**COURSES STARTING IN MOUNTTOWN COMMUNITY FACILITIES, FITZGERALD PARK, MONKSTOWN:**

**EMPLOYABILITY SKILLS QQI L4 - CUSTOMER SERVICE**

**TUESDAY: 9.30am - 12.30pm**

**From 20th February to 12th June 2018, (15 weeks)**

**PERSONAL DEVELOPMENT COURSE**

**WEDNESDAY: 9.30am- - 2.30pm**

**From 21st February to 13th June 2018, (15 weeks)**

**BASIC COMPUTER WORKSHOP**

**FRIDAY: 10am - 1pm**

**From 23rd February to 08 June 2018 (14 weeks)**



This project is part supported by the Irish Government and the European Social Fund (ESF) as part of the ESF Programme for Employability, Inclusion and Learning (PEIL) 2014—2020.

women  women  
IN DÚN LAOGHAIRE - RATHDOWN

## WOMEN AND LEADERSHIP PROGRAMME

### Introduction into Women, Power and Leadership

This 5 weeks course will give you more insight into different cultural understandings of leadership and leadership roles and will allow you to transfer those into the Irish context.

We plan to start with this programme after Easter. For more information on date, time and venue please look up the w4w website [www.women4women.ie](http://www.women4women.ie) or call Alison on 01 442 1004.

After this basic workshop participants have the opportunity to continue with the following leadership programme:

### WOMEN'S VOICE GROUP

Women are very often actively involved in their own communities but are often not involved or engaged politically at a local level. The focus of this group is to develop women's political understanding. The group will look at engaging with local government processes in order to bring women's perspectives and voices to the decision-making table. The group will be a member of the countrywide Women's Manifesto Network based in Longford Women's Link.

### INTEGRATION GUIDES

These intercultural facilitators will support migrant women and their families in their integration into Irish society. Participants with multiple language skills will be trained in different aspects of Irish society, information provision, coaching and mentoring. Numbers are limited.



*This programme is supported by dlr County Council.*

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women  women  
IN DÚN LAOGHAIRE - RATHDOWN

## INTERCULTURAL EVENTS

women4women network dlr organes regular International Women's Breakfasts in Dun Laoghaire - Rathdown. Women from different nationalities and cultures meet to celebrate, to learn and to share information and food. These breakfasts have attracted many women in the county since summer 2011. They are organised every 4 - 6 weeks by the women4women network.

Each breakfast is a feast of food from different countries as the women bring their own dishes from their country of origin. This is also a good opportunity to get to know women from the different areas in the county.

The breakfasts are very often organised in conjunction with other organisations.

**ALL WOMEN WELCOME,  
BRING A DISH AND BRING A FRIEND!**



### INTERNATIONAL WOMEN'S BREAKFAST

Wednesdays from 10am – 1pm

**7<sup>TH</sup> OF FEBRUARY 2018** at Samuel Beckett Civic Centre  
Ballyogan

**7<sup>TH</sup> MARCH, 2018** at Marlay House, Marlay Park. D16

**25<sup>TH</sup> APRIL, 2018** at Lexicon, Dun Laoghaire. Co. Dublin

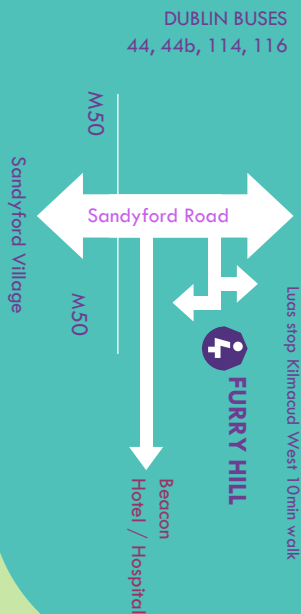
**20<sup>TH</sup> JUNE, 2018** at Islamic Cultural Centre Ireland. D 14



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# HOW TO GET TO FURRY HILL COMMUNITY CENTRE



DUBLIN BUSES  
44, 44b, 114, 116

## WOMEN'S PROGRAMME SOUTHSIDE PARTNERSHIP Women4Women Network DLR

located in  
Furry Hill Community Centre,  
off Sandyford Rd, Sandyford D16.

For more information and to register  
please call 01 442 1004 or  
087 148 2172 from Mon - Wed  
& 087 6128740

[www.women4women.ie](http://www.women4women.ie),

FACEBOOK:

[women4womenDLR](https://www.facebook.com/women4womenDLR)

[www.southsidepartnership.ie](http://www.southsidepartnership.ie)

Courses are conducted

**FREEDA for specialised Outreach Domestic Abuse Service**  
please contact 087 9185852 from  
Mon - Wed 9.30am to 4.30pm



EUROPEAN UNION  
Investing in your future  
European Social Fund



The Social Inclusion and Community Activation Programme (SICAP) 2015-2017 is funded by the Irish Government and co-funded by the European Social Fund and includes a special allocation under the Youth Employment Initiative.

