

AUTUMN 2022

SOUTHSIDE PARTNERSHIP WOMENS PROGRAMME

If we are going to see real development in the world, then our best investment is women!

DESMOND TUTU



OUR VISION

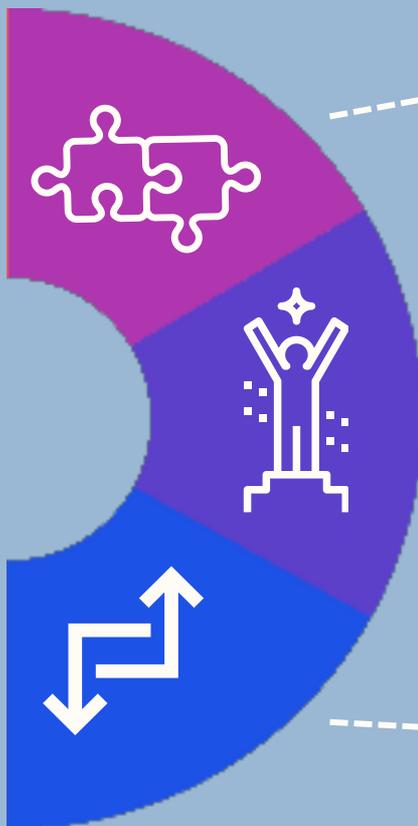


women supporting women

The Southside Partnership Women's Programme and the women4women network were established in 2011 after a series of workshops with women from various communities that identified the need for more support and spaces for women in the DLR county to meet. The network acts as an independent local community group promoting intercultural understanding and co-operation among women and is supported by the SSP Women's Programme.

the way we work:

We work from grassroot level to support the individual women to engage in the collective. We are inviting all women to join our programme and we plan the bi-yearly programme after consulting with women. It is important for us to hold courses and events in their communities and to engage and empower women on a local political level.



Integration

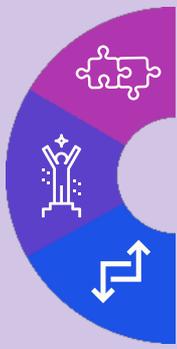
Supporting women to participate in society, new communities and grow through two-way intercultural awareness.

Empowerment

Allowing opportunity for women's empowerment through personal development, financial skills and career/employment development.

Catalyst for Change

Supporting women to engage in changes in local community issues, gender equality, political issues and societal issues.



THE WOMEN'S PROGRAMME



The Southside Partnership Women's Programme and the women4women Network welcome you to read through our new Autumn 2022 programme.

We are delighted to offer all women in Dun Laoghaire Rathdown County this new booklet covering courses, workshops and events from September to December 2022.

All courses and activities in the various centres throughout the county will be held face-to-face unless any public health measures are required to change that. To keep up to date with any further information, and you can check our website or facebook page.

All women from the DLR catchment area are invited to join the Southside Partnership Women's programme. In general, most activities are free of charge or ask for a nominal fee to pay costs. Registration will be possible by phone or email with contact info listed alongside courses.

Please visit our website for more information on our programme, news of the region and a Directory of Services for women in the Dun Laoghaire Rathdown County.



 www.southsidepartnership.ie

 www.women4women.ie

 [@women4womendlr](https://www.facebook.com/women4womendlr)

 [women4womenireland](https://www.instagram.com/women4womenireland)

INTEGRATION

Supporting women of all cultures to participate in all aspects of society



ENGLISH LANGUAGE AND COMMUNICATION WITH MARESE

Dates: Mondays starting 12th September

Time: 10-11:30am

Location: Furry Hill Community Centre D16 Y6X9

To register: rafika.kelly@sspship.ie or 087 7203665

DROP-IN CAFE

women4women are offering a monthly drop-in cafe to have a space to meet and enjoy the company and conversation of each other. All women welcome!



Dates: 29th September, 27 October, 24 November

Time: 10am-12pm

Location: Furry Hill Community Centre D16 Y6X9

MULTICULTURAL WOMEN'S BREAKFASTS

women4women network dlr and the Southside Partnership Women's Programme organise regular Multicultural Women's Breakfasts in Dun Laoghaire-Rathdown. Women from different nationalities meet to celebrate, learn, share information and food. We use cafe-style conversations to explore and discuss relevant issues and get feedback from participants.

6th Oct 10am-1pm - "Nice to Meet You!" In celebration of Dun Laoghaire-Rathdown Festival of Social Inclusion.

Dun Laoghaire Rathdown County Council Hall, Marine Rd, Dun Laoghaire A96 K6C9

15th Dec - Hosted by Women's Voice DLR - Supporting women to *Speak Up!*
Samuel Beckett Community Facility, Ballyogan D18 HT72



CREATIVE SPACE

BEGINNERS SEWING COURSE



Dates: 5 Wednesdays 28th September - 26th October

Time: 10am - 12pm

Location: Furry Hill Community Centre D16 Y6X9

Fees: €15 on registration and €5 per class for all the material provided.



COME PAINT YOUR WORDS

Khatuna and Fiona invite you to share your words and experiences through art and writing. We will be making a book together. There will be a launch of the book on 20th June 2023 in celebration of World Refugee Day.

All levels of experience in art and English writing welcome, from beginner to professional.

Dates: Tuesdays 4th October - 17th January 2023

Time: 10am - 12pm

Location: Furry Hill Community Centre D16 Y6X9

WATERCOLOUR PAINTING



Classes for all levels - painting using water colours with the exceptional artist Svetlana Starikova.

Dates: 14th October -

Time: 10am - 12pm

Location: Furry Hill Community Centre D16 Y6X9

Fees: €25 on registration and €5 per class ongoing.

JEWELLERY MAKING



Enjoy making your own jewellery with the creative accessory designer, Zdenka. All materials provided as part of cost for 5 sessions.

Dates: Tuesdays 27th September - 25th October

Time: 10am - 12pm

Location: Park House, Dun Laoghaire A96 AT21

Fees: €50 to be paid at first session

For more information or to book a place on any of the above courses contact rafika.kelly@sspship.ie or 087 7203665



EMPOWERMENT

Allowing opportunity for women's growth and development

END OF SUMMER BAZAAR!

In collaboration with women4women Network, Balally Family Resource Centre and the Irish Islamic Association. Women offer their hand crafted items and freshly made food for sale.

- Art
- Craft
- Food and Drink
- Ice Cream
- Henna

Bring your family and friends!

Date: Friday 23rd September

Time: 10am - 4pm

Location: Balally Family Resource Centre, Wedgewood, Sandyford D16 X004



A morning workshop with Ivelina Doicheva of Success Business Solutions. This workshop will be helpful for any women who already run a market or online small business or who are considering it. There will be information on:

- How to set up a small business
- Bookkeeping
- Legal requirements

Date: Friday 7th October

Time: 10am-1pm

Location: Furry Hill Community Centre, Sandyford D16 Y6X9

Financial Planning for Small Businesses



5 mornings to help you bring all your job seeking skills up to date.

- **Knowing Yourself** - Exploring your transferable skills, strengths and previous experiences
- **Building Confidence** - Get ready to sell yourself!
- **CV & Applications** - Getting your message out there
- **Access to Jobs** - Recruiters, LinkedIn, Hidden Jobs Market
- **Interview Skills** - Techniques and Practicals

Facilitated by Executive Coach, Bernie McNelis

Dates: 26-29 Sept (Mon-Thurs) and 3 Oct (Mon)

Time: 9:30am-12:30pm

Location: Samuel Beckett Community Facility D18 HT72

Job Seeking Skills



10 sessions to give yourself some space to explore things that really matter to you.

Including:

- Personal Identity and Values
- Setting Goals Effectively
- Addressing Obstacles and Challenges
- Staying Motivated

+ 2 bonus sessions on household and personal financing/budgeting

Dates: Wednesdays 5th October - 14th December

Time: 9:30am-12:30pm

Location: Mounttown Community Facilities, Dun Laoghaire A96 KR65

Personal Development



For more information or to book a place on any of the above courses contact rafika.kelly@sspship.ie or 087 7203665

CATALYST FOR CHANGE

Supporting women to engage in changes in societal issues



Women's Voice DLR



Women's Voice DLR is a group of volunteers passionate about moving DLR society towards gender equality. They engage with local communities and the local government processes in DLR in order to bring women's perspectives and voices to decision-making tables.

The group meets monthly and welcomes new members who share the same passion.
Contact: marilyn.nyquist@sspship.ie or 087 2198183

 @womensvoicedlr

 womens_voice_dlr

Money Matters work4change Conference



The focus of this conference will be different aspects of financial rights and responsibilities. This is especially relevant for *women* to ensure that we are moving towards economic equality. As well as discussion/workshop time, there will be expert speakers to address the following topics:

- Overview on why money matters need to be addressed specifically from a woman's point of view
- Household budgeting
- Pension Entitlements

Date: Thursday 17th November

Time: 10am-1pm

Location: To be decided - watch the women4women social media for updates



For more information or to book a place for the Money Matters Conference contact marilyn.nyquist@sspship.ie or 087 2198183





DANIELA NAAB

Project Leader of the Women's Programme and Interagency Group - SAVE



RAFIKA KELLY

Women's Development Worker, Course Facilitator and Events Coordinator, Manager of Furry Hill Community Centre



MARILYN NYQUIST

Women's Development and Education Worker and Course Facilitator



GERARD O'CONNOR

Administrative Assistant, Women's Programme and DLR Social Prescribing Project



MARIE KAVANAGH

Women's Programme and women4women Project Support



OUR TEAM

FURRY HILL COMMUNITY CENTRE
FURRY HILL, SANDYFORD ROAD
D16 Y6X9



COMMUNITY CENTRES

Locations for courses and events
in Autumn 2022



BALALLY FAMILY RESOURCE CENTRE
CEDAR ROAD
SANDYFORD D16 X004

PARK HOUSE COMMUNITY CENTRE
LIBRARY RD, DÚN LAOGHAIRE,
A96 AT21



MOUNTTOWN COMMUNITY FACILITIES
MEADOWLANDS, DUN LAOGHAIRE
A96 KR65

SAMUEL BECKETT COMMUNITY FACILITY
BALLYOGAN COURT
D18 HT72



DÚN LAOGHAIRE RATHDOWN
COUNTY COUNCIL HALL
MARINE ROAD,
DÚN LAOGHAIRE, A96 K6C9

FOR MORE INFORMATION
PLEASE CONTACT:
RAFIKA.KELLY@SSPSHIP.IE
01 442 1004 OR 087 7203665

women4women
IN DÚN LAOGHAIRE - RATHDOWN

Furry Hill
COMMUNITY CENTRE

SOUTHSIDE
ADDRESSING
VIOLENCE
EFFECTIVELY

dlr
Comhairle Contae County Council

SOUTHSIDE
PARTNERSHIP DLR
SUPPORTING PEOPLE.
SUPPORTING COMMUNITIES.

SICAP
Social Inclusion &
Community Activation
Programme

Irish Government
and the European Union

EUROPEAN UNION
Investing in your future
European Social Fund

Riadas na hÉireann
Government of Ireland

The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employment, Inclusion and Learning (PEIL) 2014-2020

www.southsidepartnership.ie

www.women4women.ie

@women4womendlr

women4womenireland