

→ SPRING 2022

SOUTHSIDE PARTNERSHIP WOMENS PROGRAMME



If we are going to see real development in the world,
then our best investment is women!

DESMOND TUTU



OUR VISION ←



women supporting women

The Southside Partnership Women's Programme and the women4women network were established in 2011 after a series of workshops with women from various communities that identified the need for more support and spaces for women in the DLR county to meet. The network acts as an independent local community group promoting intercultural understanding and co-operation among women and is supported by the SSP Women's Programme.

The way we work:

We work from grassroot level to support the individual women to engage in the collective. We are inviting all women to join our programme and plan the bi-yearly programme after consulting with women. It is important for us to hold courses and events in their communities and to engage and empower women on a local political level.

We aim to:

- Provide information and promote a platform for all women living in the county through the women4women.ie website.
- Promote integration through our regular Multicultural Women's Breakfasts and an integration programme.
- Offer training, development and capacity building courses.
- Support women in taking part in the Women and Leadership Programme.
- Organise networking events to create opportunities for women to meet, share and learn.
- Network, lobby and advocate on local and national levels.



→ THE WOMEN'S PROGRAMME



The Southside Partnership Women's Programme and the women4women Network welcome you to read through our new Spring 2022 programme.

Despite the ongoing Covid-19 pandemic still determining the way we work and live, we are delighted to offer all women in Dun Laoghaire Rathdown County this new booklet covering courses, workshops and events from January to June 2022.

As restrictions are being lifted we are happy to conduct some activities in various centres throughout the county face-to-face and others will remain online. To keep up to date with any further changes and information, and you can check our website or facebook pages.

All women from the DLR catchment area are invited to join the Southside Partnership Women's programme. In general, most activities are free of charge or ask for a nominal fee to pay costs. Registration will be possible by phone or email with contact info listed alongside courses.

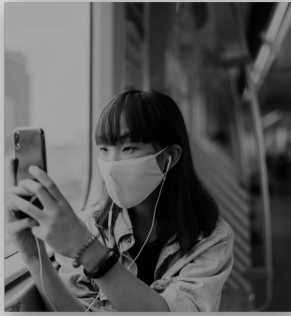
Please visit our website for more information on our programme, news of the region and a Directory of Services for women in the Dun Laoghaire Rathdown County.

www.women4women.ie

www.facebook.com/women4womendlr

www.southsidepartnership.ie

→ CREATIVE SPACE



THROUGH MY LENS

This series of **six workshops** will give you an opportunity to develop the skill of using your own smart phone for personal photography to capture some of your experiences during the pandemic restrictions. There will be a group exhibit of work in June 2022.

Workshops will take place online via Zoom link

Dates: 20, 27 January; 3 February; 3, 24, 31 March

Times: 10am-12pm

For more information or to book a place contact marilyn.nyquist@sspship.ie or 087 2198183



JEWELLERY MAKING

Enjoy making your own jewellery with the creative accessory designer, Zdenka. All materials provided.



Beginning: Friday 28th January

Time: 10am - 12pm

Location: Park House, Dun Laoghaire

Fees: €25 on registration and €5 per drop-in class afterwards.

For more information or to book a place contact rafika.kelly@sspship.ie or 087 7203665

UPCYCLING USING FABRIC

Make something new out of old clothes, bags or any items you may discard.

Beginning: 4th May

Time: 10am - 12pm

Location: Furry Hill Community Centre



WATERCOLOUR PAINTING



Classes for all levels - painting using water colours with the exceptional artist Svetlana Starikova. Every Friday for 12 weeks.

Beginning: 4th March

Time: 10am - 12pm

Location: Furry Hill Community Centre

Fees: €20 on registration and €5 per drop-in class afterwards.

For more information or to book a place contact rafika.kelly@sspship.ie or 087 7203665

For more information or to book a place contact rafika.kelly@sspship.ie or 087 7203665

WOMEN & COMMUNITY ←



Knowing Me - Knowing You

This is an opportunity to take some time out for yourself as well as for getting to know other women. There will be two "walk & talk" outings with transportation and entrance fees provided. All you need to bring is the conversation and comfortable walking shoes!

Outing #1: Thursday 12th May - Kilmacurragh Botanic Gardens, Co Wicklow

Outing #2: Thursday 9th June - Kilruddery House, Co Wicklow

For more information or to book a place contact Rafika:

rafika.kelly@sspship.ie or 087 7203665

Multicultural Women's Breakfasts

women4women network dlr and the Southside Partnership Women's Programme organise regular Multicultural Women's Breakfasts in Dun Laoghaire-Rathdown. Women from different nationalities meet to celebrate, learn, share information and food. We use cafe-style conversations to explore and discuss relevant issues and get feedback from participants.

10th March 10am-1pm - In celebration of International Women's Day. Comhaltas Ceoltoiri Eireann, 32 Belgrave Square S, Monkstown A94XV02

5th May - 10am-1pm Location to be decided

16th June - 10am-1pm Location to be decided



→ WOMEN & LEADERSHIP

Women's Voice DLR

Women's Voice DLR is a group of volunteers passionate about moving DLR society towards gender equality. They engage with local communities and the local government processes in DLR in order to bring women's perspectives and voices to decision-making tables.

The group meets twice monthly and welcomes new members who share the same passion.

Contact: marilyn.nyquist@sspship.ie or 087 2198183

Facebook: Women's Voice DLR



work4change series

A new online evening webinar series is being offered by the Southside Partnership Women's Programme. The aim of the series is to provide a space for women to openly explore different social issues that affect us as women specifically. We will learn from those with expertise or lived experiences around a particular issue and we will engage in conversations with facilitators and each other.

Tuesday 8th February, 7-8:15pm - Minister Josepha Madigan "Women's Voices: The Unfinished Democracy in Ireland" Register at bit.ly/womensvoicesinireland

Tuesday 31st May - "Childcare: What Needs to Change?"

CAPACITY BUILDING

English Language Classes

English Language and Communication with Rafika Kelly

Mondays: 9:30am-11am

Location: via Zoom

Starting 31st January 2022

Please phone or email Rafika to register (see below).

English Reading Club with Rafika Kelly

Mondays: 11:30am-1pm

Location: Furry Hill Community Centre

Starting 14th March

Please phone or email Rafika to register (see below).

English Language and Communication with Marese Hegarty

Tuesdays: 10.00-11.30 am

Location: via Zoom

Starting 1st February

Please phone or email Rafika to register.



To register or for more information contact Rafika

phone: 087 7203665 or 01 442 1004

email: rafika.kelly@sspship.ie

Personal Development Modules

The Power of My Self

Identity and Self Awareness

Give yourself some time and space to focus on who you are at this stage of your life, your personal strengths, personality, current realities. It is the starting place for considering changes!

Four Wednesday sessions March 2, 9, 16, 23

Time: 10am - 12pm

Location: Mounttown Community Facility, Dun Laoghaire

The Power of My Words

Improving Your Communication Skills

Learn some core communication skills, your individual communication style and putting good skills to practice.

Four Wednesday sessions Mar 30, Apr 6, 27, May 4

Time: 10am - 12pm

Location: Samuel Beckett Community Facility, Ballyogan

Conflict Resolution

Through input and group discussion explore the common causes of conflict and how to work through it in healthy ways.

Four Wednesday sessions May 11-25, Jun 1

Time: 10am - 12pm

Location: Mounttown Community Facility, Dun Laoghaire

To register or for more information on the Personal Development Modules contact Marilyn

phone: 087 2198183

email: marilyn.nyquist@sspship.ie

Career Coaching Clinic

Individual coaching sessions to give you a space to explore your options and pathways for employment with Life and Business Coach, Marilyn Nyquist

First Tuesday of every month. Next clinic: 5th April

By appointment only - contact Marilyn on 087 2198183 or email: marilyn.nyquist@sspship.ie



DANIELA NAAB

Project Leader of the Women's Programme
and Interagency Group - SAVE



RAFIKA KELLY

Women's Development Worker, Course
Facilitator and Events Coordinator,
Manager of Furry Hill Community Centre



MARILYN NYQUIST

Women's Development and Education
Worker and Course Facilitator



GERARD O'CONNOR

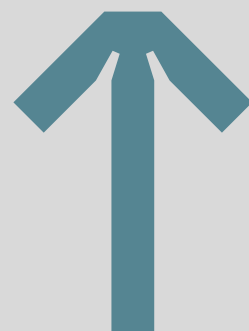
Administrative Assistant, Women's Programme
and DLR Social Prescribing Project



MARIE KAVANAGH

Women's Programme and
women4women Project Support

OUR TEAM





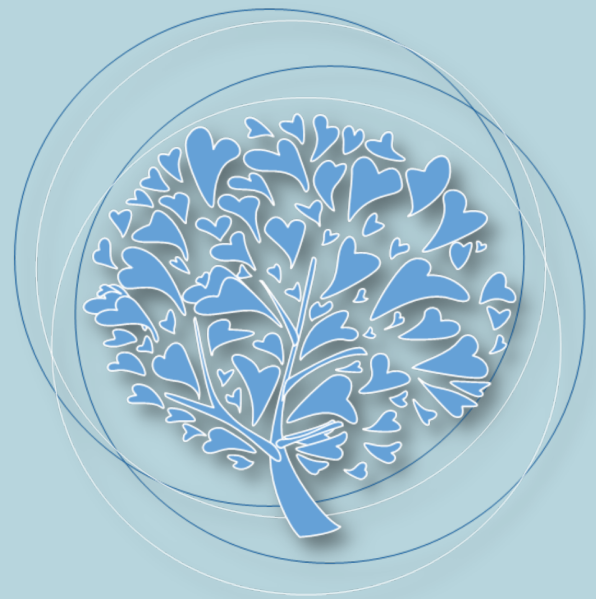
FURRY HILL COMMUNITY CENTRE
FURRY HILL, SANDYFORD ROAD
D16 Y6X9

MOUNTTOWN COMMUNITY FACILITIES
MEADOWLANDS, DUN LAOGHAIRE
A96 KR65



COMHALTAS CEOLTÓIRÍ ÉIREANN
32 BELGRAVE SQUARE SOUTH
MONKSTOWN A94XV02

PARK HOUSE COMMUNITY CENTRE
LIBRARY RD, DÚN LAOGHAIRE,
A96 AT21



ISLAMIC CULTURAL CENTRE OF IRELAND
19 ROEBUCK RD, FRIARLAND,
D14 YD91

SAMUEL BECKETT COMMUNITY FACILITY
BALLYOGAN COURT
D18 HT72



FOR MORE INFORMATION
PLEASE CONTACT:
RAFIKA.KELLY@SSPSHIP.IE
01 442 1004 OR 087 7203665



**SOUTHSIDE
PARTNERSHIP** DLR
SUPPORTING PEOPLE.
SUPPORTING COMMUNITIES.



women 4 women
IN DÚN LAOGHAIRE - RATHDOWN



Comhairle Contae County Council



**Furry Hill
COMMUNITY CENTRE**



SICAP
Social Inclusion &
Community Activation
Programme



Ireland's European Structural and Investment Funds Programmes 2014-2020
Co-funded by the Irish Government and the European Union



EUROPEAN UNION

Investing in your future
European Social Fund



**Rialtas na hÉireann
Government of Ireland**