



## Building CAPACITY to Access EMPLOYMENT

## SOUTHSIDE PARTNERSHIP

is offering a part-time programme of 5 MODULES for WOMEN who wish to DEVELOP NEW SKILLS & INCREASE their CONFIDENCE!

Open to women who are not employed and are not in receipt of Job Seekers Allowance or Job Seekers Benefits.

## Job Seeking Skills Workshop February 2020

When: 3<sup>rd</sup>-11<sup>th</sup> February (excluding weekend) 9:30am – 12:30pm

Where: Ballyogan FRC, Samuel Beckett Civic Centre

## **Workshop Contents:**

- **Personal Awareness Foundation** Exploring your transferable skills, previous experience, options and overcoming personal hurdles.
- **Networking** The value of relationship.
- Job Searching Which websites to use, how to use them, how to look for specific job types, alternate ways to search without the internet.
- $\bullet$  CV's and Letters of Application Current best practice and templates.
- Job Applications How to fill them out effectively
- 16 Interview Skills Practical tips, how to prepare, what to expect.

Find out more about the

RePOWER programme & where our next

modules will be held by contacting Marilyn Nyquist at:

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